

FLASH CRYOTHERAPY MADE IN UK

FLASH CRYOTHERAPY

INTRO

Instant Cryo is a modern cryotherapy treatment offering rapid exposure to extremely cold temperatures for wellness and slimming benefits. It helps boost metabolism, reduce fat, and tighten skin in just a few minutes. This non-invasive procedure is also used for pain relief, muscle recovery, and enhanced circulation. With its quick and effective results, instant cryo is ideal for busy individuals seeking fast and convenient health or beauty solutions.

LIST OF HANDLES:

Red Nozzle



Black Nozzle



Cone Nozzle



Blue Dome Nozzle



KEY FEATURES

Rapid Treatment

Sessions typically last only 2–4 minutes, making it quick and efficient for busy schedules, with immediate results felt after treatment.

Extreme Cold Exposure

Utilizes temperatures as low as -100˚C to -160˚C, promoting fat loss and improving overall skin tone in a short time.

Boosts Metabolism

Accelerates calorie burning through thermogenesis, aiding in fat loss, and continues to enhance metabolism for hours after treatment.

Non-Invasive

A safe, pain-free alternative to surgical procedures like liposuction, with no needles, cuts, or recovery time required.

KEY FEATURES

Skin Tightening

Promotes collagen production, improving skin elasticity and firmness, resulting in a smoother and more youthful appearance.

Localized and Whole-Body Options

Can target specific areas, such as the abdomen or thighs, or provide whole-body benefits, depending on the individual’s needs.

Enhances Recovery

Reduces inflammation, soreness, and fatigue, ideal for athletes or post-workout recovery, speeding up healing and muscle repair.

Convenient and Safe

Controlled environments ensure safety, with no downtime required after treatment, allowing individuals to return to their normal activities immediately.

BENEFITS

PROMOTES FAT LOSS

Instant Cryo helps boost metabolism and promotes fat burning, aiding in weight loss and body contouring.

IMPROVES SKIN APPEARANCE

The treatment stimulates collagen production, reducing cellulite and tightening skin for a smoother, firmer look.

ACCELERATES RECOVERY

It reduces muscle soreness, inflammation, and fatigue, making it ideal for faster recovery after intense exercise or injury.

INCREASES ENERGY AND MOOD

Instant Cryo triggers the release of endorphins, improving mood and providing an energy boost after treatment.